



*Our Lady of Lourdes Catholic Primary School.
Manchester Drive, Leigh-on-Sea, Essex, SS9 3HS.
Telephone 01702 475689
Email: office@ourladyoflourdes.southend.sch.uk*

Wednesday 14-November-2018

Dear Parents/Carers

I wrote to you last year to raise our concerns about anaphylactic shock and nut allergy. Since I wrote about these concerns there have been headlines in the news about fatal reactions to allergens and the shortage of epi-pens.

We have some anaphylactic children at Our lady of Lourdes Primary School and since any contact with nuts can activate Anaphylactic Shock I feel that the least we can do is remove the risk in a positive and caring way. Therefore I request that you do not give your child **nuts or nut butter or Nutella** sandwiches to eat at school. Please check that **products in lunch boxes are nut free** so that the chance of contamination is reduced, often product labels are clear in this regard. (The school kitchen is also a 'nut free' zone).

If you wish to find out about Anaphylaxis and the procedure we have in place for dealing with attacks in school I would be more than pleased to go over it with you.

Many thanks for your cooperation in this matter

Yours sincerely,

Mrs Sally Nutman
Executive Headteacher

*Executive Headteacher: Mrs Sally Nutman
Part of the Assisi Catholic Trust Ltd, Company No 07696989
Registered address: Kenilworth Gdns, Leigh on Sea, Essex SSO 0BW
Registered in England.*