

Transition days

We hope that all of the children enjoyed their two days with their new class teachers last week and that the year 6 children had an enjoyable time at their new high schools.

Super Sports at Garons

Congratulations to all of the children that qualified for Super Sports at Garons and did their absolute best, last week.

Pilgrimage opportunity

The canonisation of Blessed John Henry Newman was announced this week. This great theologian and man of outstanding faith and virtue will be recognised as a saint by Pope Francis on 13th October.

Would you like to attend the canonisation? The plan is to stay outside Rome at the villa Palazzola (see <https://www.palazzola.it/>). Planned departure date will be Friday 11th and returning on Monday 14th. The present cost is £250 for return flights with bags to Rome Ciampino and, staying at Palazzola, £315 for a standard room and £68 more per person in an en-suite. That includes 3 nights full board and coaches into Rome. Further details to be confirmed in due course.

This will be an incredible experience but please remember that Rome will be very busy with pilgrims and therefore, you will need to be mobile, healthy and fit especially as we will be travelling into Rome. Please contact Clergy House on 01277 265235 or email cathedralbrentwood@gmail.com to register your interest by **Wednesday 10th July**.

School Reading and Library books

Dear Parents,

Thank you so much for all the support you have given to your child's reading at home. We as teachers do appreciate your involvement. We are now asking for all school Reading and school Library Books to be returned so we can check all the stock and prepare for the new academic year.

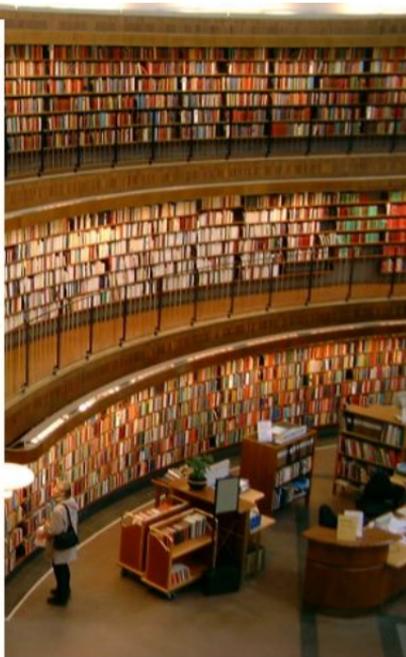
Looking under beds and sofas for those long missing books would be appreciated. We will shortly be sending news of the Summer Reading Challenge 'The Space Race' being run at the local Libraries and would ask you to encourage your children to join in on this free summertime activity.

Thanks again

JULY 8

OLOL

Mrs. P. Leftley on behalf of all teaching staff.



Our Lady of Lourdes PTA

SCHOOL FETE

Sunday 14th July, 12.30-3.30pm.

Thank you to those that have offered to help at the school fete. If there is anybody that can help in anyway please email us at

pta@ourladyoflourdes.southend.sch.uk

It is never too late!!

Inflatable Fun

Wristbands for unlimited use of the inflatables will soon be available to buy on school money at £4 per child. Watch this space!

Donations

Please send in donations of **cakes** on Friday 12th July or bring on the morning of the fete.

Paul's Uniform Shop

Paul's uniform shop will be at the school fete. You will be able to order your uniform on the day and arrange for delivery or collection. They will be taking card payments or cash.

5p

Challenge

RBE are in the lead. Keep bringing in those 5p's!

Adventure Island

Green and Red Bands £13

Blue bands £17

Sealife Adventure £7.50

Afternoon Tea at Clarence Yard £7

Adventure Golf £4.75

Please remember that these must be bought on SchoolMoney and collected from the school office.

GRAND RAFFLE!



Buy tickets daily after school from:

Rachel Williams and Norah Greer under the cherry trees

£1 per strip!

Grand raffle prizes so far:

£15 La Pizzeria voucher * 2 x 'From the Jam' tickets * 2 x 'Tropicana Nights Festival' tickets

2 x '70's in the Sun' festival tickets * Eden Garden Centre 1hr free garden maintenance

Afternoon tea voucher for Roslin Hotel * £20 voucher for Christina's Beauty Box

Meal for 2 at Regatta Restaurant * 9 x Marsh Farm tickets

3 x Picture Perfect Photoshoot and print * 5 x free entry to Monkey Bizness

Clarence yard free children's meal voucher *

Sealife Centre adult entry voucher Adventure Island wristband voucher

Cut and Blow dry with Dan at Billy Bond * 2 x local scenes framed print by Paul Tait

Bottle of Jack Daniels * 2 x Baileys * Southern Comfort * 3 x Prosecco * Wild Berry Gin

Strawberry and Cream Baileys * Champagne * Vodka * £20 cinema voucher * Natural Edge voucher *

3hrs worth of driving lessons

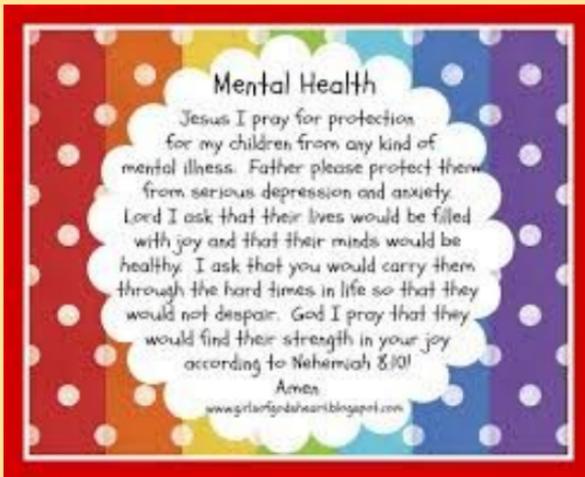


Week 10 Mental Health Benefits of Religion

A number of studies have found that devout people have fewer symptoms of depression and anxiety, as well as a better ability to cope with stress. It seems that belonging to a religious community has huge mental health benefits! *"Religion gives people something to believe in, provides a sense of structure and typically offers a group of people to connect with over similar beliefs. These facets can have a large positive impact on mental health—research suggests that religiosity reduces suicide rates, alcoholism and drug use."*

Click the link below to find out some of religions main mental health benefits:

<https://www.nami.org/Blogs/NAMI-Blog/December-2016/The-Mental-Health-Benefits-of-Religion-Spiritual>



Mrs Watts

TIME IS RUNNING OUT!

HARP

Please see below for the items your class have picked to collect this term. The deadline for these items is: **Friday 12th July**, the items will be collected the following week by Lisa Walton.

Thank you!

Mrs Watts

RMa	UHT Milk	RBE	Tinned Pies
IK	Coffee and Sugar	IW	Water
2M	Flip Flops	2L	Jam, Chocolate Spread and Peanut Butter

Year 3 will be doing a separate collection for their St. Bernard's Day.

4M	Sun Cream	4L	Mayonnaise
5B	Tinned Meals	5D	Multipack Crisps
6A	Squash	6J	Chocolate Bars (KitKats, Penguins etc.) & Underwear

Play the **make a smile** lottery for HARP whilst knowing you are helping local people overcome homelessness for good.



You could win up to £10,000 for just £1 a week. [Click here to sign up now!](#)

16+ only. BeGambleAware.org

HARP is a registered charity no: 1098126

Website: www.harpsouthend.org.uk

Head Office: 4th Floor, Dencora Court, Tylers Avenue, Southend-on-Sea, Essex SS1 2RR



Follow us on

and



Tel: 01702 475689

E-mail: office@ourladyoflourdes.southend.sch.uk

School Website www.olol.co.uk

Twitter www.twitter.com/ololleigh

Facebook: www.facebook.com/ololleigh

ASSISI
CATHOLIC
TRUST