

I am starting school!

Some ideas to help me get ready for school.



Getting dressed/undressed

I can put on my socks

I can put on my own shoes

I can put my coat on

I can zip up my coat



Speaking and Literacy

I like to share stories and look at picture books

I join in with nursery rhymes and songs

I am able to talk about myself, my needs and feelings

I can talk about words that rhyme

I can recognise my name



Self-care

I can wipe my nose

I can go to the toilet on my own, wipe myself properly and flush

I can wash and dry my hands



Counting Skills

I like to play number games

I enjoy counting objects

I enjoy looking for numbers when I am outside

I can recognise spot patterns on a dice



Eating

I can use a knife and fork

I can open my packed lunch on my own

I can open wrappers and packaging



Social Skills

I can say please & thank you

I can take turns

I can share toys with a friend



Physical Development

I can walk up and down steps (one foot at a time)

I like playing in the park

I can catch a ball

I can cut with scissors

